

PE172, Introduction to Coaching: A Servant Leadership Approach  
Spring 2015, Elizabethtown College

**Basic Course Information:**

Instructors:

Bob Schlosser, Head Men's Basketball Coach, [schlosr@etown.edu](mailto:schlosr@etown.edu), 108F, Thompson Gym, Ext 1141

Class meeting times: Mondays and Wednesdays, 2:00-2:50 pm, Thompson Gym Room 105

Office Hours: Monday through Thursday 1:00-2:00pm or by appointment

Textbook – One Word That Will Change Your Life – Jon Gordon

Prerequisites – None; however, previous athletic experience is preferred.

**Course Coverage:**

Leadership levels, Attitude ,People, Priorities, Integrity, Vision, Self- Discipline, Creating Positive Change, Problem Solving, Goal Setting, Communication, Strength Training, Culture, Core Values, Motivation, Scouting, Nutrition, Staff Development, Player Evaluation and Recruiting

**Student Learning Outcomes:**

Students will be able to demonstrate the skills and knowledge needed to lead and coach an athletic team at the high school or college level. Each student will develop a coaching philosophy that will address the key components needed to be successful, not only in terms of wins and losses, but also in the area of character development of athletes.

**Grading:**

1. Writing Assignment – Reflect on a previous coach or current coach and discuss his/her coaching style (pros and cons). Did you agree with their style and outcome or would you do things differently and why? (25% of grade)
2. Attendance and Participation – Class participation and attendance is extremely important. Interaction among students and willingness to share ideas and thoughts is crucial to the classroom learning experience. (25% of grade)
3. Final Project – Comprehensive collection of all lessons covered put into a portfolio that outlines your philosophy, vision and values for your team. This detail portfolio could be used when applying for a coaching position. (50% of grade)

**Attendance** – Each student is allowed 3 unexcused absences before their grade will be affected; each absence thereafter will result in one full letter grade deduction.

### **Assignment Deadlines**

1. Writing Assignment – Due at 2/11/15 class
2. Final Project - Due by 5/4/15
3. Make up – All assignments are due at the specified time at the beginning of class. For those students with an excused absence, a designated time will be established and must be met.

### **Statement on Plagiarism**

Please refer to the Student Handbook for the College's policy on plagiarism.

### **Statement on Disability**

Elizabethtown College welcomes otherwise qualified students with disabilities to participate in all of its courses, programs, services, and activities. If you have a documented disability and require accommodations to access course material, activities, or requirements, you must:

1. Contact the Director of Disability Services, Lynne Davies, in the Center for Student Success, BSC 228, by phone (361-1227) or email [daviesl@etown.edu](mailto:daviesl@etown.edu).
2. Meet with me, the instructor, within two weeks of receiving a copy of the accommodation letter from Disability Services to discuss your accommodation needs and their implementation.

### **Final Project Grading System**

- Philosophy (25 points)
- Vision/Mission (25 points)
- Values (25 points)
- Practice Plans (10 points)
- Strengths (10 points)
- Weaknesses (10 points)
- Communication Style (10 points)
- Disciplinary Plan (10 points)
- Goals (10 points)
- Staff Development (10 points)
- Academic Issues (10 points)
- Recruiting (10 points)
- Fund Raising (10 points)
- Grammar/Style (15 points)
- Parent Policies (10 points)

### Tentative Class Schedule

<u>Date</u>	<u>Subject</u>
1/12	Leadership and Influence
1/14	Leadership and Influence
1/19	NO CLASS
1/21	Guest Speaker
1/26	Attitude
1/28	Coach Schlosser
2/2	Practice Planning
2/4	Guest Speaker
2/9	Paper Discussion
2/11	Guest Speaker (Paper Due)
2/16	Creating Positive Change
2/18	Guest Speaker - Problem Solving
2/23	Goal Setting - Power Goals
2/25	Guest Speaker
3/2	NO CLASS
3/4	NO CLASS
3/9	
3/11	Guest Speaker
3/16	
3/18	Guest Speaker
3/23	
3/25	Guest Speaker
3/30	
4/1	Guest Speaker
4/6	NO CLASS (Easter)
4/8	Guest Speaker
4/13	
4/15	Guest Speaker
4/20	
4/22	Guest Speaker
4/27	
4/29	Guest Speaker
5/4 (Finals Week)	Player Evaluation (Final Project Due)